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JONES — AN AUTHOR,
ACTIVIST AND PROFESSOR
— ON WHY CANADA
NEEDS TO PAY ATTENTION
TO FERGUSON **PAGE 17**



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SEAL LOST IN DROWNING

The Assiniboine Park Zoo has lost its second animal in two months after a harbour seal got caught in a drain and drowned at the Journey to Churchill exhibit. Two seals, pictured, were blind rescues from the Vancouver Aquarium and transferred to the exhibit this summer. In September, an Amur tiger died in a confrontation after a gate separating two males was not closed properly. SHANE GIBSON/METRO FILE

Conviction under review

'Miscarriage of justice?'
Frank Ostrowski gets
chance to appeal guilty
verdict in decades-old
homicide case

shooting death of Robert Nie-
man over a drug debt.

He was convicted largely on
the testimony of a key witness
who had separate charges of co-
caine possession stayed.

Ostrowski's lawyers and the
jury were never told about that
arrangement and the witness
told the trial he did not receive
any favours in exchange for his
testimony.

Ostrowski, now 65, has
always maintained his inno-
cence.

"It is a big relief that my case
is getting to be heard again in
the Appeal Court," he said Tues-
day in a statement issued by
the Toronto-based Association
in Defence of the Wrongly Con-
victed. "I think they will get it
right this time."

MacKay made the right deci-
sion, said James Lockyer, senior
lawyer with the association.

"It has been a long wait and
the saga still has a way to go,"
Lockyer said in a statement. "It
will be our task to convince the
Manitoba Court of Appeal that
Frank Ostrowski is the victim
of a terrible miscarriage of jus-
tice."

THE CANADIAN PRESS

The Manitoba Court of Appeal
will review the murder convic-
tion of a man who spent 23
years in prison insisting he was
innocent.

Federal Justice Minister
Peter MacKay has referred the
case of Frank Ostrowski to the
Appeal Court for a conviction
review.

"I am satisfied there is a rea-
sonable basis to conclude that a
miscarriage of justice likely oc-
curred in Mr. Ostrowski's 1987
conviction," MacKay said in a
written statement Tuesday.

The move comes five years
after a Court of Queens' Bench
judge released Ostrowski on
bail pending a federal review of
his case, citing serious concerns
about the 1987 conviction.

Ostrowski, a former hair-
stylist turned drug dealer, was
found guilty of ordering the

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Committee approves sale of Kenaston snow-dump site

Seven proposals.
Councillors confident bid from the police HQ company was the best



BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

Winnipeggers can bid adieu to that familiar mountain that brought a touch of the Rockies to the city every winter.

On Tuesday, councillors on the property and development committee voted in favour of selling the Kenaston snow dump to construction company Caspian for \$5.2 million.

Coun. John Orlikow, who chairs the committee, said he reviewed all seven of the bids that came in and agrees with city officials that the Caspian bid was the best one.

"I still believe some of that information in the file needs to come out of the file for the general public. We're going to be working on that," he said.

Coun. Jenny Gerbasi shared her concern that the five hectares of land along Kenaston, near Rothwell Road, will be turned into another one-storey big-box store, which was echoed by the area's former councillor, Paula Havixbeck.

Barry Thorgrimson, the city's planning director, said he believes the land will be turned into mixed-use residential and commercial, since that would provide a better return on investment.

Orlikow said there's also a subdivision and rezoning process to come, so the city will have input on final plans.

Earlier in the meeting, David Sanders, a recent mayoral candidate, cautioned the committee not to support the sale until after they've "dealt with the recommendations of the KPMG real-estate management audit report, which has been forwarded to the RCMP."

Caspian Construction is the company responsible for the refitting of the Winnipeg police headquarters building on Graham Avenue. Both Orlikow and Gerbasi, who reminded reporters that she called for the audit, said they were satisfied with the Caspian bid.



Coun. John Orlikow listens to city officials during Tuesday's property and development committee meeting.
BERNICE PONTANILLA/METRO

Protesters crash U of W meeting over lack of counsellors

A week after a protest that saw both sides handing out cookies, students quietly interrupted a University of Winnipeg meeting to demand more counsellors on campus.

Protesters held up signs at the U of W board of regents meeting Monday night and said they will not back down.

"We feel like it's important to send a message to the formal governing bodies, as well as establishing that we are willing to commit to any sort of action that furthers our message," protester Dylan Cohen said.

Cohen and others aren't satisfied with the university's general-counsellor-to-student ratio of one to 10,000. Last week, protesters handed out cookies and coffee to anyone who promised to call the administration to demand more counsellors. The administration fired back with cookies of its own and a pamphlet outlining available services.

Jeremy Read, U of W's senior executive officer, insists health services are being offered through recent partnerships with health providers that work both on and off campus.

"We're trying to model this on a best practice," Reid said.

But protesters weren't satisfied. "The external support model reduces the university's responsibility and obligation to provide support services, and that is inherently bad in that the administration is trying to subvert their obligation," Cohen said.

Peyton Veitch, the vice-president advocate of the University of Winnipeg Students' Association, said the association agrees the school needs more than one counsellor.

Read said the university first needs time to test out the new partnerships.

AUSTIN GRABISH/FOR METRO

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1 NEWS

U.S. teen sees prom dress turned into exhibit

Canadian Museum for Human Rights. Display celebrates 19-year-old who bucked her school's segregated prom rules

There were laughs and tears as a young American woman visited the Canadian Museum for Human Rights and saw her red

prom dress on display.

Mareshia Rucker, 19, says she never thought her struggles would bring her to Winnipeg.

Rucker and three of her friends at Wilcox County High School in Rochelle, Ga., made international headlines last year when they decided to buck their school's long-standing tradition of separate proms for black and white students.

All four grew up as best friends — Rucker and Quanesha Wallace are black, while Stephanie Sinnott and Keela Bloodworth are white.

Their story caught the eye of Matthew McRae, the researcher and curator for the “Inspiring Change” exhibit at the newly opened museum.

He was looking for something to illustrate the civil rights struggle, and his first

thoughts were of Martin Luther King Jr., but the museum wanted a more current display.

"You wouldn't normally say a prom dress speaks to human rights, and yet it does," said McRae.

Rucker said although students at her school study and attend classes together, the line had been drawn for decades at celebrating prom together.

"They didn't want to go to

prom with me because I was black," a weeping Rucker recalled as she stood in front of the exhibit, which also features her date's suit and several artifacts and photos from the integrated prom she and her friends organized.

It was a success, drawing about 200 students, but many still chose to attend an invitation-only prom for whites.

A year later, Rucker's school

took over organizing the integrated prom, but it still wasn't allowed to be held on the school property, a sign Rucker says shows the fight is not over.

But she said she is humbled and proud to be part of the Winnipeg exhibit.

"To even be beside the exhibit that's right there about Nelson Mandela and the apartheid movement — it's like, this is Nelson Mandela!" **CTV WINNIPEG**

Missing. Police seek ID of woman in selfie with Pratt

Police are asking for the public's help in identifying a woman who took a selfie with a missing Winnipeg man the night he disappeared.

Colten Pratt, 26, was last seen at the Regal Beagle Bar at the Marlborough Inn in downtown Winnipeg on Nov. 6. That night, Pratt sent family members two cellphone pictures of himself and an unknown woman, and police now want to know who she is.

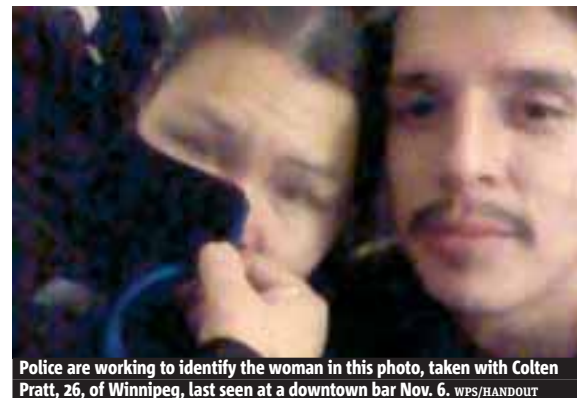
"Obviously it's someone who had some form of contact with him," explained police spokesperson Const. Jason

Michalyshen. "She's a possible witness or someone who possesses information."

Michalyshen said police have no reason to believe Pratt met with foul play, and the woman is not a suspect in his disappearance.

Pratt is described as aboriginal, five-foot-10, roughly 160 pounds, with a thin build, short brown hair and brown eyes. He was last seen wearing a brown plaid jacket and blue jeans. Anyone with information is asked to call investigators at 204-986-6250.

SHANE GIBSON/METRO



Police are working to identify the woman in this photo, taken with Colten Pratt, 26, of Winnipeg, last seen at a downtown bar Nov. 6. WPS/HANDOUT

21 reports

Cops urge caution as areas see series of car break-ins

Police are reminding drivers in the River Park South and Island Lakes areas to keep their vehicles locked and valuables out of site after a rash of vehicle break-ins.

Police say there have been 21 reports of break-ins in the neighbourhoods since September. Police also suggest parking cars in visible areas, making sure alarms are set and not leaving garage door openers in vehicles, which thieves can use to get into homes. **METRO**

Main Street

Woman charged after raid yields 261 pot plants

A woman is facing charges after police found hundreds of marijuana plants growing in a commercial building on Monday. During a raid at the building in the 1300 block of Main Street, officers found 261 pot plants and 194 grams of dry pot with a combined value of just over \$294,000.

A 55-year-old woman found in the building was arrested and charged.

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Free windrow clearing plan for seniors is under review

New proposal. Coun. Janice Lukes asked city staff to look into ways to help people with accessibility issues

Quoted

"We have an obligation to at least look into it and see what level of service we can provide."

Coun. Janice Lukes



Public works chair Janice Lukes wants to explore windrow clearing services for seniors. COLIN FAST/FOR METRO

COLIN FAST
winnipeg@metronews.ca

In addition to the Canada Pension Plan and movie discounts, seniors might soon be able to add free back-lane snow clearing to their list of retirement benefits.

At its meeting on Tuesday, the city's infrastructure renewal and public works committee agreed with an administration report that said it would be too expensive to clear away the windrows left in back lanes after plowing operations.

But committee chair Janice Lukes asked public

works staff to go back and review options to provide help for seniors or people with accessibility issues.

"I think we need to be leading edge in what we do with our snow removal," said Lukes. "We have an obligation to at least look into it and see what level of service we can provide."

She suggested seniors could benefit from a volunteer "adopt a windrow" program or the service could be offered for an additional fee. However, she acknowledged her proposal could cut into revenues for private snow-clearing companies and

entrepreneurial teenagers.

Complaints about windrows piqued last March, when plowing operations left walls of snow that were several feet high behind some properties.

Public works director Brad Sacher explained the brutal winter was part of the problem, but it was exacerbated by homeowners who shov-

elled snow into back lanes, creating a "roller coaster" effect. As a result, plows had to scrape deeper than they normally would to level out the surface.

The administration will report back in 180 days with research on what is done in other cities and options for Winnipeg to consider.

Cell phones taken

Police look for suspects in armed robbery

Police are looking for three suspects after armed robbers took thousands of dollars in smartphones from a Winnipeg business Monday.

Two men and a woman expressed interest in buying an iPhone 6 from a shop in the 2600 block of Portage Avenue, but produced a weapon and demanded phones.

In all the suspects made off with 25 iPhone 6 and Galaxy Note 4 smart phones. **METRO**

Fled on foot

Two women sought in clumsy taxi theft

Police are looking for two young women who brazenly stole a taxi while the cabbie gassed up at a McPhillips Street gas station early Saturday.

The women didn't get far. Police said Tuesday the pair crashed into a gas pump barrier, then hit a nearby parked car within minutes of stealing the cab from the gas station at the corner of McPhillips St. and Selkirk Ave.

The suspects fled the area on foot. **METRO**

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Northwest Winnipeg. New housing development both praised and panned

A plan that would see a neighbourhood of 18,000 properties built in northwest Winnipeg has been approved.

Precinct E — a 170-acre area bordered by Pipeline Road in the west, the future Chief Peguis corridor to the north, the Hydro corridor to the east and Court Avenue to the south — received the support of the majority of the members of the property and development committee on Tuesday.

However, Coun. Jenny Gerbasi said she voted in opposition because city hall has not yet resolved the issue of “growth paying for growth.”

“Our development fees aren’t adequate to what’s happening,” said Gerbasi in a media scrum after the meeting, adding that infill housing should be the priority.

“This new development is going to have parks, it’s going to have transit service ... it’s going to be a pressure on our operating budget.”

Committee member Coun.



Coun. Jenny Gerbasi said she's concerned precious planning resources are being spent on suburban developments. BERNICE PONTANILLA/METRO

Mike Pagtakhan said during the meeting that while he appreciates Gerbasi's concerns, there's “a lot of pressure right now for new housing” in the northwest part of the city.

A city official said Precinct E will help “accommodate the growth of the city of Winnipeg over the next 20 years.” BERNICE PONTANILLA/METRO WINNIPEG

Prominent civic candidates looking to jump to next level

Gaining attention. Municipal up-and-comers now in talks federal parties

An aboriginal candidate who seemed to come out of nowhere to place a strong third in Winnipeg's recent mayoral election is eyeing a jump to federal politics and says he's getting offers from different parties.

Robert-Falcon Ouellette, who gained attention with promises to bridge the racial and economic divides in the city, said Tuesday he has been talking to federal New Democrats and Liberals about running in the upcoming federal election.

The New Democrats, he said, have offered him a choice of ridings.

Ouellette has also taken out a Liberal nomination package with an eye to perhaps running in Winnipeg Centre, held

by New Democrat Pat Martin. He hasn't filled out the paperwork yet, and is scheduled to meet with Liberal Leader Justin Trudeau on Friday.

“It's good to have the debate, but at the same time, I'd like to be in a position where I can continue that debate as an elected official in some capacity,” he said.

Ouellette said he's also been approached by the Manitoba Progressive Conservatives to run provincially in 2016.

Taz Stuart, a former city entomologist who was frequently seen on television advising Winnipeg residents about mosquitoes, ran and lost in a council race in the River Heights-Fort Garry seat. He now wants to run for the Progressive Conservatives provincially in the constituency held by Liberal Jon Gerrard.

Stuart said he will seek the Tory nomination and expects at least one competitor in a race likely to be decided early in the new year.

THE CANADIAN PRESS



Robert-Falcon Ouellette during the Winnipeg civic election campaign.

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Meet the family, or perhaps not

When reporter Jessica Smith Cross learned Silicon Valley genetics testing service 23andme was offering Canadians a new \$199 mail-in test, she was curious: How much could she learn from her DNA and how much should she learn? This is the first in a three-part series in which Smith Cross — who took the spit test — delves into the implications of increasingly easy testing in the complicated legal and ethical Canadian landscape.

First up: When it comes to your genes, why would you want to know?



JESSICA SMITH CROSS
Metro in Toronto

Carolynn Baird had given up on ever meeting her birth mother.

Baird, now in her 70s, has Parkinson's disease and signed up to the California-based genetic testing company 23andme to learn about her genes. She wanted to know if she had a genetic family history of Parkinson's, or if environmental factors were more likely to blame. Being adopted, she didn't know.

But the service didn't just give her access to her familial medical history — it gave her access to her family: Specifically, her mother.

23andme offers its \$199 genetic testing kits free to Parkinson's patients in an effort to aid research into the disease.

When she got the results, Baird learned she didn't have the typical genetic variant that's believed to predispose people to Parkinson's. She also learned she has a second cousin who, like her, had signed up to 23andme's relative-finding service.

She contacted the woman. "I discovered that she knew my birth family. It was quite a shock."

Baird was adopted at six months and grew up in Ontario's Niagara Peninsula. She said she wanted to know her family out of "human curiosity."

Because of 23andme, Baird met "about 50" relatives and plans to keep in touch.

"This summer my immediate family, my kids, my husband and I, we went to one of their homes and met all the cousins and all the nieces and it was an absolutely wonderful experience," Baird said. "I never expected my mother



Paul Dodds holds a photograph of his father at his Surrey, B.C., home. Dodds, a war baby, had been searching for the identity of his father for years, and found him using 23andme, a genetic testing service. JENNIFER GAUTHIER/FOR METRO

It's all in your genes

- Tomorrow: It's not science fiction — Smith Cross discovers genetic discrimination is very real in Canada.
- Read the whole package at metronews.ca



would still be here. It was quite amazing, really."

Unlike Baird, when I signed up to 23andme, I chose not to be notified if I have any relatives who use the service. I love the family members I have and have no desire to get in touch with a fourth or fifth cousin. But, it hadn't occurred to me, until I spoke with people who are search-



Paul Dodds with his half-sister Teri Evans, right, and his stepsister Melanie Nowlin (his father's second wife's daughter). Dodds was in New Jersey to meet them for the first time earlier this year. CONTRIBUTED

ing for family, what it might mean to find a distant cousin and use that connect to sleuth out family.

Still, Baird has not spoken with her mother. Her family pointed her out, but Baird

chose not to tell her, that she was her daughter.

"Since she had never told anyone about me, I didn't want to disturb her life at this stage. So when I went to see her, I just saw her. I didn't go

What if records are not legally available?

An alternate way to trace birth parents

A mother who gave up her child for adoption — or a once-anonymous sperm donor — can be discovered through 23andme if one of their blood relatives signs up and gets in contact with the person seeking the identity of their family. But that's not to say the mother or father wants to be found.

The laws surrounding the disclosures of birth parents' identity differs across Canada. For example, the parents of children born in Alberta and adopted prior to 2005, can veto the disclosure of their identities to the child. Parents in Ontario can veto the release of their identities if the adoption occurred before Sept. 1, 2008. In B.C., that veto date is November 1996. In Nova Scotia, both birth parent and adopted

child must agree to the disclosure of the parent's identity. Manitoba's laws are set to change next year so that parents and children will no longer be able to veto the release of their information.

So, children seeking their birth parents can, in some cases, find out who they are through 23andme, even if the government records wouldn't legally be available in their situation.

Sometimes, finding out family members you didn't know you had isn't a good thing.

For example, a biology teacher wrote an essay on Vox.com about how he accidentally gave his parents "the gift of divorce" when he gave them 23andme kits for Christmas, and they found his father had fathered another child.

"I'm really devastated at the outcome," the man, who withheld his name, wrote. "I wrestle with these emotions. I love my family. This is nothing I ever would have wished."

and speak to her," Baird said.

In Surrey, B.C., resident Paul Dodds is urging Canadians, especially those who had relatives in the military, to take DNA tests so "war babies" like him who are the children of North American men who served overseas, have a chance to find their relatives.

Dodds grew up thinking his mother's husband, Len Dodds, was his father.

When he was 50, Len passed away from a rare cancer. He called a relative to find out more about Len's medical

history and that's when an uncle told him the truth.

"My mother had been deliberately lying to me," Dodds said. "She was hiding something and I had to find out."

Dodds was born in Wales, just after the Second World War.

Dodds tried 23andme and found a first cousin, who led him to his half sister, who lives in New Jersey. He learned his biological father, Leon Rosien, was in Dodds' mother's area around Victory in Europe Day, May 8, 1945, when Dodds was conceived.

Publication ban. News outlet publishes name of teen girl in child porn case

Police have launched an investigation into a possible breach of a publication ban after a major news outlet in Halifax published the name of a teenage girl at the centre of a high-profile child pornography case.

Const. Pierre Bourdages said Tuesday that they had received several reports from citizens complaining about the use of the girl's name, which is subject to a publication ban under the Criminal Code.

"There's already been a number of complaints filed with the department in relation to this article," he said.

"There's an alleged breach

of the publication ban ... so we have an investigation ongoing now."

The news outlet said late Monday that it decided to name the girl because it believes doing so is in the public interest, given the widespread recognition of her name and the good that can come from free public debate over sexual consent and other elements of her story.

The girl's family has been steadfast in their opposition to the ban, arguing that concealing her name ends up silencing her and suppressing part of her story. **THE CANADIAN PRESS**

From Ferguson to Ottawa

Post aimed at non-black protesters sparks debate

A suggestion that white and non-black protesters limit their visibility and "stand behind black folks" at protests Tuesday in Ottawa and Toronto against the fatal shooting of a black teen in Ferguson, Mo.,

has sparked a heated debate on social media.

Bilan Arte, one of the Ottawa event organizers, says on the vigil's Facebook page that "white/non black allies" should "refrain from taking up space." The same message appeared on the Facebook page for the Toronto rally, asking whites and non-blacks to not speak to the media, saying "black voices are crucial to this." **THE CANADIAN PRESS**

Jian Ghomeshi withdraws \$55M lawsuit against CBC

Abuse allegations. CBC spokesman says both sides have reached an agreement, but Ghomeshi is to receive 'nothing'

Scandal-plagued former radio host Jian Ghomeshi has reached an agreement with the CBC to withdraw his \$55-million lawsuit against the public broadcaster, a CBC spokesman said on Tuesday.

Ghomeshi was fired by the CBC last month amid allegations of "abusive behaviour" from numerous women — claims which he has denied.

The 47-year-old former host of the radio program Q launched his lawsuit a day after the termination of his employment, alleging defamation and breach of confidence in his statement of claim. The CBC then argued in court filings earlier this month that Ghomeshi's allegations were frivolous or vexatious, and urged a court



CBC radio host Jian Ghomeshi is shown in a handout photo. The CBC says Ghomeshi has withdrawn a \$55-million lawsuit against the public broadcaster. **CBC/THE CANADIAN PRESS**

to dismiss the suit.

CBC spokesman Chuck Thompson confirmed that lawyers for both sides have now reached an agreement.

"The suit is being withdrawn with costs in favour of CBC," he said. "He's getting nothing."

Ghomeshi is expected to

pay \$18,000 in legal costs to the CBC, Thompson said. The agreement still needs to be formalized through a court — a step Thompson said is expected in the near future.

Ghomeshi had also filed a union grievance against the CBC alleging dismissal without cause, a matter which Thomp-

son said still remains active.

A lawyer for Ghomeshi confirmed that the lawsuit between his client and the CBC "has been resolved."

"CBC and Mr Ghomeshi will address all issues in the lawsuit in binding arbitration in accordance with the collective agreement between them," said Jonathan Lisus. "Counsel appointed by the union will have carriage of the arbitration."

The CBC has said it decided to fire Ghomeshi after seeing "graphic evidence" that he had physically injured a woman.

Since his dismissal, nine women have come forward with allegations, some dating back a decade, that Ghomeshi sexually or physically assaulted them, and police are investigating complaints by at least three of them.

Ghomeshi faces no charges. He admitted in a lengthy Facebook post published on Oct. 26, the day he was fired, that he engaged in "rough sex," but insisted his encounters with women were consensual.

THE CANADIAN PRESS

Highlights from auditor general's report

Auditor general Michael Ferguson released his fall report Tuesday. Here are six issues highlighted by the audit team.

THE CANADIAN PRESS



Long wait times

Many of Canada's battle-scarred veterans wait up to eight months to find out if they are eligible for long-term, mental-health disability benefits and the department responsible for their care doesn't know if its treatment programs are effective. The report takes Veterans Affairs Canada — as well as National Defence — to task for saddling veterans with an array of paperwork and for making them wait a long time for help.

Sex offender registry lacking information

The national sex offender registry may not include some Canadians convicted of crimes abroad because the RCMP doesn't have access to Foreign Affairs information on convicts released from prisons in other countries. The report urges the RCMP to work with the department on improving information sharing.

In general, the RCMP did not have access to information on Canadians arrested, charged, convicted and released from foreign prisons. However the report says RCMP and Public Safety Canada were working well with foreign police on criminal investigations that affect Canadians.



Who benefits from food program in Northern Canada?

The federal government can't tell if northerners are reaping the full benefit of a program aimed at helping to offset the high cost of food in the North.

The audit team also had problems with the fact that the department doesn't collect reliable data on the profit margins of retailers in order to determine whether consumers are benefiting from the full subsidy.

Clutter in Library and Archives Canada an issue

Future generations may not be able to enjoy Canada's recorded heritage — including photos, maps and important documents — because Library and Archives Canada is not collecting all of the material it should from federal agencies.

The auditor general's report says Library and Archives doesn't know what it already has due to a backlog of 98,000 boxes of records.

Poor finding aids for some of the material in its collection make it hard to locate records — including documents on Indian residential schools needed by the federal Truth and Reconciliation Commission.



Aid projects plagued by delays

Funding delays of more than a year plagued two Canada humanitarian assistance projects in Syria, while the military's water-purification system didn't measure up during last year's typhoon in the Philippines. The report examined 42 Foreign Affairs projects totalling \$172 million in response to eight global crises between April 2011 and December 2013, including African drought and famine, floods in Central America, an earthquake in Guatemala and Hurricane Sandy.

A struggle to obtain information on auto bailout

Canadians would have to go searching through a bunch of different reports if they wanted to piece together how their tax dollars were spent on big auto bailouts.

The audit team says they struggled to get a full picture of the aid given to automakers, whether the money made a difference and how much was recovered and lost.

They say that's because no single department or agency was in charge of collecting and reporting all this information.



This aerial photo shows the St. Louis skyline in the distance, Tuesday, as businesses smolder in Ferguson, Mo., after they were burned in overnight protests following a grand jury's decision not to indict police officer Darren Wilson in the killing of Michael Brown. CHARLIE RIEDEL/THE ASSOCIATED PRESS

Night of protests and arrests rocks Ferguson

Shooting death of Michael Brown.

Protesters peaceful and violent alike took to the streets last night in wake of grand jury decision

Missouri's governor ordered more National Guardsmen into Ferguson on Tuesday to keep order after a night of violence over the grand jury decision in the police shooting of Michael Brown.

Smoke billowed from burned-out Ferguson businesses on Tuesday and glass littered the sidewalks from display windows that were

smashed during the protests that erupted after it was announced that police Officer Darren Wilson wouldn't be indicted for killing Brown on Aug. 9.

More than a dozen businesses were badly damaged or destroyed.

Authorities reported hearing hundreds of gunshots, which for a time prevented fire crews from fighting the flames.

There were 61 arrests in Ferguson overnight, St. Louis County Police spokesman Brian Schellman said. There were 21 arrests in St. Louis, where protesters broke some store windows along South Grand Avenue, St. Louis Mayor Francis Slay said.

At least 18 people were injured and sought treatment at area hospitals, including someone who was shot and recovering Tuesday at SSM DePaul Health Center.

The hospital didn't give any details about the shooting.

Two other people were admitted to Barnes-Jewish Hospital for undisclosed injuries.

Everyone else was treated and released.

The grand jury's decision means that Wilson, who is white, will not face any state criminal charges for killing Brown, who was black and unarmed.

THE ASSOCIATED PRESS

Simmering U.S. tensions

The world reacts

The protests in Ferguson, reflect simmering U.S. tensions over racial discrimination that could undermine the country's stability, a senior Russian diplomat said Tuesday. The comments by the Russian Foreign Ministry's human rights envoy, Konstantin Dolgov, were among the sharpest from a foreign official as images of violent protests in Ferguson topped newscasts around the world.

Officer Wilson insists he couldn't have done anything to prevent Brown's killing



Darren Wilson THE ASSOCIATED PRESS

Ferguson Police Officer Darren Wilson says he couldn't have done anything differently in his confrontation with Michael Brown to have prevented the 18-year-old's shooting death.

Wilson made his first public statements Tuesday during an interview with ABC News' George Stephanopoulos.

He told Stephanopoulos he has a clean conscience because

"I know I did my job right."

Wilson was placed on leave Aug. 9, the day the white officer fatally shot Brown, who was unarmed and black.

Wilson had been with the Ferguson police force for less than three years before the shooting. He told Stephanopoulos that Brown's shooting marked the first time he had used his gun.

THE ASSOCIATED PRESS

Details

ABC News' George Stephanopoulos landed the much-sought first television interview with Darren Wilson, speaking to him for an hour Tuesday in Missouri.

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Caffeine – Get your Buzz on

Caffeine is a stimulant ingredient found in many popular foods and beverages such as coffee, tea, and even chocolate. Currently, caffeine is becoming the number one used drug on the planet.

In the world of athletics, caffeine is known to decrease mental fatigue and increase mental awareness during training to help increase performance. Caffeine provides benefits via three primary mechanisms. First, caffeine can improve endurance by stimulating the release of fat as its energy instead of carbohydrates. Secondly, caffeine increases the calcium content in muscle which enhances the muscle contraction. Finally, caffeine has direct effects on the central nervous system which may lessen the perception of fatigue, increase alertness, and increase muscle recruitment.

Benefits from using caffeine have been shown in both endurance activities such as running or cycling as well as strength training activities such as weightlifting. It has even been shown to have a performance benefit in activities lasting only 60 seconds.

The effectiveness of caffeine lies within the type, volume and delivery of the caffeine itself. The most effective way to take caffeine is in anhydrous form as opposed to the liquid version in coffee. Research suggests that taking 3-6mg/kg approximately 60 min prior to activity is optimal for absorption and performance; however it can be effective in as little as 15 minutes.

So far there has been little evidence demonstrating that the administration of the proper caffeine dosage prior to or after exercise produces a negative effect. Most notably of which is that there exists no scientific literature to support caffeine's effect as a diuretic. In fact, several studies have failed to show any change in sweat rate, total water loss, or negative change in fluid balance that would adversely affect performance, even under conditions of heat stress.

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Watchdog in favour of ride-sharing apps

Competition Bureau.

After several cities took action against Uber, the federal regulator suggests loosening the rules may be the answer

The Competition Bureau says municipalities should consider whether moves to ban digital dispatch services and ride-sharing applications are necessary.

In a commentary published on its website, the federal regulator said Tuesday that municipalities should look to see if less restrictive regulations could address their concerns.

"The Competition Bureau is of the view that these innovative business models have the potential to offer important benefits to consumers through more competition, including lower prices, greater convenience and better service qual-

Uber

Uber, which operates around the world, has faced criticism and bitter opposition from established players to its operations.

- The company, in turn, has accused the taxi companies of trying to stifle competition and said ride-sharing brings costs down for users and creates jobs.

- In seeking its injunction, Toronto accused Uber of carrying on the business of a taxicab broker or limousine service company because it is accepting and processing requests for taxicab or limousine services from passengers, but it has not applied for or received a licence.

ity for a variety of reasons," the regulator said.

The comments follow a move by Toronto last week to seek a court injunction to force Uber Canada Inc. to stop operations in that city.

The Competition Bureau said municipalities have raised concerns that digital dispatch services may not comply with local regulations and licensing requirements.

It noted that Montreal, Calgary and Vancouver recently disallowed ride-sharing services and Ottawa and Toronto have taken enforcement action.

The regulator said some have also raised concerns about consumer protection issues, including safety and privacy concerns.

"While the bureau is not well-placed to assess safety concerns, which may well be legitimate, we are able to highlight to regulators what they give up in terms of reduced competition when these innovative offerings are prohibited," the regulator said.

THE CANADIAN PRESS

Waterloo, Ont.

BlackBerry paying people to ditch their iPhones

BlackBerry hopes a \$600 incentive will convince iPhone users to swap their touchscreen Apple device for a keyboard-equipped BlackBerry Passport.

The technology company plans to launch the holiday promotion in December, giving customers up to \$400 of trade-in value, plus \$200 through a prepaid credit card. THE CANADIAN PRESS

Market Minute

DOLLAR
88.87¢ (+0.29¢)

TSX
15,072.82 (+57.41)

OIL
\$74.09 US (-\$1.69)

GOLD
\$1,197.10 US (+\$1.40)

Natural gas: \$4.43 US (+\$0.14)
Dow Jones: 17,814.94 (-2.96)



Big hits for smaller paycheques

Bollywood actors Hrithik Roshan, right, and Katrina Kaif pose for the media during the music launch of their upcoming film Bang Bang in Mumbai, India, in this Sept. 17 file photo. This is Bollywood's year of the woman. Some of the biggest hits in India's prolific movie industry this year have female leads in female-oriented stories but the actresses gets paid a fraction of what their male counterparts command. Top male stars earn around 400 million rupees (\$6.7 million US) per film on average, apart from a share of the profits, according to industry experts. A-list actresses such as Deepika Padukone and Kaif get paid a tenth of that per film. RAFIQ MAQB00/THE ASSOCIATED PRESS FILE



The Disney Frozen Sparkle Princess Elsa Doll. CONTRIBUTED

Wish list. Frozen toys knock Barbie from top spot

For the first time in more than a decade, Barbie has been frozen out of the top spot on the holiday wish lists of girls.

The new reigning champion in the hearts of little girls is Team Elsa.

The megahit Frozen has earned Disney more than a billion at the box office worldwide and the gravitational pull of the animated film has now plucked Barbie from the throne she has occupied for 11 years, according to a survey by the

National Retail Federation, based in the U.S.

The NRF's Holiday Top Toys Survey found that one in five parents, or 20 per cent, plans to buy Frozen merchandise for their girls. That beats the 16.8 per cent that are looking to make a Barbie purchase.

Barbie's star has faded of late, with sales of the iconic doll dropping 21 per cent in the third quarter, according to the toy company Mattel Inc.

THE ASSOCIATED PRESS

VOICES

'HANDS UP, DON'T SHOOT' RESONATES HERE

In the aftermath of the grand jury's decision not to indict Officer Darren Wilson in the shooting death of Michael Brown, emotions are running high and many questions remain. Jen Taplin spoke with author, activist, spoken-word artist, professor and Halifax Regional Municipality's poet laureate El Jones on why Canada needs to pay attention



JENNIFER TAPLIN
Metro in Halifax

What was your reaction when you heard Darren Wilson would not be indicted? What's the saying? 'Shocked, but not surprised.'

To indict the officer is to indict the system and they can't indict the system without then reforming it, so I didn't expect anything to happen there.

What do you think about the reaction across the United States? You've seen photos of them being treated like it's a hostile military country imposing no-fly zones.

So that's very disturbing, that people who are citizens of the country being treated like the enemy, with the same tactics they're using in Iraq or Afghanistan as invaders, and occupation is being directed at its own citizens.

From the beginning, there's been a consistent police response, which has been about repression rather than recognizing the right of the people to be in their own streets in their own country. We tend to get this media response that it's looting, it's rioting. (But) it's revolution.

The people are recognizing the solutions are not going to lie inside the political system, the justice system. It's going to



Lesley McSpadden, the mother of Michael Brown, second from left standing on the top of a car, hugs an unidentified man, wearing an "I am Mike Brown" shirt, as she listens to the announcement of the grand jury decision Monday in Ferguson, Mo. A grand jury has decided not to indict. CHARLIE RIEDEL/THE ASSOCIATED PRESS

have to be from people making their own response and that's what we've seen on the streets of Ferguson.

People want to characterize that as violence as that delegitimizes the protest ... I know people get frightened when

something revolutionary happens, but I think it's positive because what we've seen is the ordinary people organizing ...

What about the reaction in Canada? There's been a lot more awareness of racial

profiling and police brutality in general ... We had the Moncton shootings and we're always coming through this lens in Canada, especially with Ottawa, of violence against police versus police violence.

There's that question of is

it disrespectful to talk about the police when we've had Moncton? When we held the Ferguson Rally in Halifax people said, 'There aren't shootings here, so why are you holding a rally?'

And we said, 'Well, that's

Quoted



"People said 'There aren't shootings here so why are you holding a rally?' And we said, 'Well that's why, we want to get people organized to work in our communities before there's a crisis point.'"

El Jones, on why it's important to protest in Canada

why. We want to get people organized to work in our communities before there's a crisis point, because once you're in crisis, there's no justice and there's nothing that can happen. Once somebody's dead, what can you do?

As African people, we have the right to engage our police departments, we should have a race relations committee, we should have members of the community that are keeping the police accountable, we should be doing neighbourhood watch and police watch to make sure policing in our community is in relation to us and we have whatever relationships we need to have in the police department.

Grand juries

The difference between U.S. and Canada



KATE PUDDISTER
Guest column

When a grand jury looked at the shooting death of Michael Brown, it was not assessing the guilt or innocence of Officer Darren Wilson, but rather if the prosecution could lay a charge against him and what that charge should be.

In the U.S., grand jury deliberations are controlled by the prosecution and done in secret. The prosecution presents evidence and explains the law to the jury and how it applies to the particular case. The defence does not participate in a grand jury and thus, there is no cross-examination of witnesses. The findings of a grand jury do not have to be unanimous; in Missouri, nine out of 12 jurors must support indictment for a charge to be laid. Prosecutor Robert McCulloch did not have to go the grand jury route. He could have laid charges and proceeded to a preliminary

hearing, a process also used in Canada for serious offences. Unlike a grand jury, a preliminary hearing takes place in an open court, is supervised by a judge, and allows for the cross-examination of witnesses by the defence.

Canada does not use a grand jury process. Instead, in most Canadian provinces the police have the power to lay charges in criminal matters (with the exception of B.C. and Quebec). Once charges have been laid, it is up to the Crown prosecutor to decide which charges will be pursued in court. The Crown must decide based on the evidence if the prosecution is in

the public interest and if there is a likelihood of conviction. Had this incident taken place in Ontario, the Special Investigations Unit (an independent civilian agency), would investigate and determine if criminal charges should be laid, as was the case most recently in the police shooting death of Sammy Yatim in Toronto, who, in an incident caught on tape, was shot eight times by police on a streetcar. The officer in the Yatim case, James Forcillo, was charged with second-degree murder by the SIU and is currently awaiting trial.

It is difficult to know whether the outcome would

be different had the Ferguson case taken place in Canada. Arguably, in an Ontario scenario, the process would have been less controlled by the prosecution, there would have been a SIU investigation, the evidence presented would be subject to more restrictions and cross-examination by the defence. Finally, the decision to prosecute would not be left to a secret decision made by 12 anonymous individuals.

Kate Puddister is a Doctoral Candidate in the Department of Political Science at McGill University. Her research focuses on law and politics and Canadian criminal justice policy.

Canadian stats

In at least one Canadian jurisdiction, police rarely face charges when involved in violent incidents.

- According to a 2010 investigation by the Toronto Star, the SIU had to date conducted more than 3,400 investigations, with criminal charges being laid in only 95 cases. Only 16 officers had been convicted of a crime and three had gotten jail time.

Aniston revs up Dr. Julia's raunch in *Horrible Bosses 2*

Movies. Actress game to spice up sex fiend reboot but draws the line at mixing smut with gravy



**NED
EHRBAR**
Metro World News in Hollywood

In *Horrible Bosses 2*, Jennifer Aniston's sexually predatory Dr. Julia character from the first film finds herself in a setting that shouldn't be that surprising: a support group for sexual compulsives. Only she's not necessarily there with the most honest of intentions. Apparently she was faking the first step.

"I think the intention was to maybe seek help, but I think what she ultimately found out was that this is just like chum for her," Aniston says of the scene.

"What a wonderful sort of easy (opportunity). I'm sure she'd lost all of her patients, she'd done all of them, so maybe this was just another wonderful, innocent way to find more prey."

Dr. Julia as a character is one that got Aniston a lot of acclaim the first time around, particularly because it involved more raunch and raciness than audiences were necessarily expecting from her, and that's something she revelled in.

"She's a hard one to let go of. I didn't get enough of her. It was just like a little In and Out burger, and then she was done," Aniston says.

"I find it extremely entertaining, the way she speaks, because I don't really think, to her, she's saying anything inappropriate. I think to her, it's describing the ingredients to a wonderful soufflé or what are we going to be doing this weekend."

Quoted

"I think the writers called just to say, 'How far can we go with Dr. Julia?' I basically said, 'Go as far as you can go, as long as we're not insulting or offending too many people.'"

Jennifer Aniston



Jennifer Aniston as Dr. Julia in *Horrible Bosses 2*. CONTRIBUTED

Horrible Bosses 2

Director. Sean Anders

Stars. Jason Bateman, Jason Sudeikis, Charlie Day, Jennifer Aniston, Kevin Spacey



The second look at the pitiful employment record of Nick (Jason Bateman), Kurt (Jason Sudeikis) and Dale (Charlie Day) sees them try to strike it rich with a new product called the Shower Buddy, but when a shady

billionaire (Christoph Waltz) pulls a fast one, they get even by kidnapping his son (Chris Pine).

There are more laughs on the average job application than in this workplace "comedy," Bateman, Sudeikis and Day seem to be having fun, joking and jostling like brothers, giggling as if they are in on a fantastic gag that only they get. It's too bad the audience doesn't have as much fun watching the movie as the cast apparently did while making it. **RICHARD CROUSE**

Comedy vs. drama

Horrible Bosses 2 isn't the only big film Jennifer Aniston has on tap.

- She's also been getting rave reviews for her more serious work in the indie drama *Cake*, which can lead to a bit of promotional schizophrenia. But she wouldn't have it any other way.
- "I love doing both," Aniston says. "I mean, I think one accesses one part of my brain, and the other accesses another. Anytime I approach any character, comedy or drama, it's grounded in reality coming from the truth. There's comedy in drama and drama in comedy — I don't find the two exclusive of one another."

For a sequel, though, clearly the envelope needed to be pushed.

"Honestly, I think the writers called just to say, 'How far can we go with Dr. Julia?'"

"I basically said, 'Go as far as you can go, as long as we're not insulting or offending too many people.' I think it rose itself to the occasion. The dialogue was great," she says.

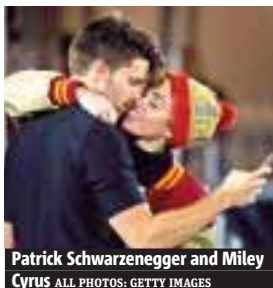
Well, maybe not all of it was that great. There's a moment during the outtakes that play over the film's credits where Aniston flat-out refuses to say an improvised line of dialogue — and now she can't even remember what it was.

"I want to know what the line was! I don't remember," she says.

"The one thing I wouldn't say — imagine how bad it must've been if I said that I can't say it. Either it was so bad or I just really didn't understand it — probably one of the two."

Luckily, one of the film's producers is on hand to remind her: It had something to do with using gravy for sexual purposes.

"It had to do with gravy? Well there you go, right there," she says. "I can tell you, gravy is not funny. Sexual gravy is not funny."



Patrick Schwarzenegger and Miley Cyrus ALL PHOTOS: GETTY IMAGES

Patrick convinces mom Miley's a sweetie

Maria Shriver has reportedly warmed to the idea of son Patrick Schwarzenegger dating Miley Cyrus — and just in time for the holidays! So how did Schwarzenegger convince his mom that his girlfriend is up to snuff? The old-fashioned way: pointing out that she's not Taylor Swift. "Patrick has done a marvellous job in turning Maria from being violently opposed to now saying she's a sweet girl and she was really mistaken from not knowing her and only knowing about her from her press," a source tells Radar Online.

"Maria was terrified that it would be another nightmare like the Taylor situation. Taylor Swift was their biggest fear. They all thought it was going to turn out like that." The *that* in question, by the way, is when Swift briefly dated 18-year-old Conor Kennedy and came on strong enough to rattle the Kennedy clan, of which Shriver is a member. "Patrick is really trying to give Miley positive PR with the Kennedy-Shriver clan," a source says.

Hope they don't see the photos from her birthday party, then.

Beleaguered Cosby to have even more free time on his hands

Bill Cosby's schedule keeps freeing up thanks to the mounting attention around the numerous allegations of sexual assault against him.

Case in point: Cosby's performance at Foxwoods Casino's Grand Theater, which wasn't even until the end of January, has been "postponed indefinitely," according to the Connecticut venue. Anyone who already purchased tickets will be receiving full refunds.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Pitt and Jolie's balcony scene shows not all is domestic bliss



NED EHRRBAR
Metro in Hollywood

The working honeymoon is apparently over for Brad Pitt and Angelina Jolie, who were spotted by paparazzi having an "explosive" argument on a balcony of Sydney's InterContinental hotel just hours before the Australian premiere of *Unbroken*, her new film. "He was clearly exasperated with her. They kept talking over each other and putting their hands up in anger. They were upset, but going nowhere. Angie looked like she was on the verge

of tears," a source — who, come on, is obviously the photographer — tells *In Touch*.

And after their red carpet duties were done? They departed Australia — "Brad in one private jet, and Angie in another," another source says.

Now, according to Jolie herself, things at home are going pretty swell, though she does admit there's room for improvement.

"I think we have moments where I'll say, 'I'm going to be a better wife. I'm going to cook,'" Jolie tells Tom Brokaw during an interview. "And he says, 'Oh, honey. Just know what you're good at. Know what you're not.' But I do this: 'No, no, no! I'm going to get this wife thing down.'"

Maybe they were having one of those moments up on that balcony. Here's to hoping.



Chris Hemsworth and his new puppy



As if one major cutie in the family wasn't enough, the Hemsworths get a puppy

If Chris Hemsworth is the Sexiest Man Alive, does that mean the pooch his family just added to their ranks is the Cutest Puppy Alive?

Not that I'm saying it isn't, mind you. Just wondering if this is some sort of

line of succession thing. The Thor star's wife, actress Elsa Pataky, posted a photo of the pup on Instagram with the multilingual message, "Our new family member!" along with the hashtag cute.

Again, not arguing.

\$3M for bundle of nerves — Cowardly Lion costume sold

How much would you pay for a musty old pile of fur worn by a grown man under sweltering lights? OK, so maybe that pile of fur is actually the costume worn by Bert Lahr as the Cowardly Lion in *The Wizard of Oz*, but still it can't smell that great. The costume in question fetched \$3 million at Bonham's Turner Classic Movies auction recently.



The Cowardly Lion costume from *The Wizard of Oz* on display at Bonham's auction house. The face is a sculpted likeness of late actor Bert Lahr.

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New

The world's smallest travel router

If you're on the road a lot, a wireless router is an essential for boosting Wi-Fi signals and keeping you in touch. This new one from TP-LINK is the size of a hockey puck, so it will fit in your pocket. Share hotel-room Internet connection with all your devices — phone, tablet, laptop and gaming console. Easy setup, security and firewall. 150Mbps Wireless N Nano Router, \$25. Visit tplink.ca. **DOUG WALLACE/METRO**



How-to

Manage bio breaks on the road

1. Always take advantage of a washroom when one is available, even if you don't think you have to go.
2. Be mindful of your water intake if there is even a remote chance of getting stuck in traffic.
3. Carry a few sachets of disinfecting wipes in your day pack.
4. A small bottle of hand sanitizer is great for sharing with the group/kids.
5. Pocket extra napkins from the lunch table, in case you need them later.
6. Keep a few coins on you in case the toilet has a toll.
7. When presented with facilities that are not what you're used to (i.e. holes in the floor), just roll with it. At least you'll get a good story out of it.

DOUG WALLACE/METRO

Trend

Airport cinemas for the layover crowd

Minneapolis-St. Paul Airport is about to open a screening room for passengers in transit with time on their hands. This new viewing lounge is part of a larger arts-oriented refurbishment (pictured) that hopes to give travelers a better sense of the city's cultural offerings. Airports in Seoul, Hong Kong and Singapore already have commercial cinemas — Hong Kong's being an IMAX. Watch for other U.S. hub cities like Dallas and Philadelphia to follow suit.

TEXT: DOUG WALLACE/METRO PHOTO: AIRPORT FOUNDATION MSP



Drinking in all the world has to offer

Jack Maxwell (pictured here at left) drinks for a living. From moss schnapps in Iceland to gut-busting raki in Turkey and homebrew in the Himalayas, he's learned the hard way that tippler's truism: "It's always five o'clock somewhere." Maxwell is the host of Booze Traveler, which debuted this month on the Travel Channel. Part travelogue, part drinking diary, Booze Traveler takes viewers with Maxwell as he travels to Louisiana, Tennessee and 13 foreign countries, including Armenia, Belize, Lithuania, Mongolia and Nepal. Jaw-dropping scenery serves as a backdrop for many of Maxwell's adventures. In South Africa, he awakes to zebra, impala and giraffes grazing on the sun-dappled savannah, describing it as the perfect hangover cure. Each hour-long episode is a quest to distill the essence of a place through its beers, wines and spirits — a lighthearted look at the world through the lens of a glass. "Every society in history has come up with some form of alcohol to celebrate, to mourn, to take the edge off a long day," he says. **THE ASSOCIATED PRESS**

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Shake off party nights with a round of golf

Las Vegas. Sin City might be best known for its gambling and night life, but its luxe links are worth a wake-up call



BRIAN KENDALL
canadiangolfttraveller.com

In a city that never sleeps, world-class golf is as much a part of the scene as chorus girls, roulette wheels and morning-after regrets.

If the Hangover movies have taught us anything, it's that unbridled craziness is bound to happen at some point during a Las Vegas vacation.

That's why a round or two of golf is such an essential part of your itinerary. Nothing clears a head like a brisk 18 holes in the Nevada desert after a night of misadventures best forgotten.

With more than 50 courses, Sin City offers one of North America's most exciting golf



The Las Vegas National Golf Club is the site of Tiger Woods' first PGA-Tour win in 1996. CONTRIBUTED

scenes. There are extravagant big-ticket courses favoured by business moguls and movie stars, as well as superb layouts geared to every budget.

Of course, almost nobody goes to Las Vegas just for the golf. From wholesome fare such as Cirque de Soleil's ac-

claimed Beatles tribute show at the Mirage to an eye-popping pin-up themed revue starring a former Playboy Playmate of the Year at the Wynn Las Vegas, the entertainment possibilities are almost endless.

Among the hottest late-night clubs for those deter-

mined to party till dawn are LAX at the Luxor, The Bank at the Bellagio and Tao at the Venetian. But only the uninitiated and unhip even think of making their entrance before midnight.

Night owls bidding their time might want to stop by the

The best free show in Vegas

Bellagio Resort is justly famous for its fountains that erupt in a magnificent choreographed water ballet across man-made Bellagio Lake. A total of 1,214 spritzers shoot water up to 460 feet in the air every half-hour between 3 and 8 p.m., and every 15 minutes from then until midnight.

Cloud Nine Short Course at Angel Park Golf Club and play par-3 golf on floodlit fairways. But come the dawn, Angel Park is best known as the home of two excellent full-length 18-hole layouts, the Palm and Mountain courses, both designed by Arnold Palmer and Ed Seay.

Part of the beauty of golf in Las Vegas is that several top courses are just a short cab ride from the Strip, eliminating the need for a rental car. Next door to the Mandalay Resort and Casino is the Bali Hai Golf Club, a gorgeous Schmidt-Curley design offering views of the towering casinos.

Also found in the heart of the city is Desert Pines Golf Club, a Carolina sandhills-style layout by the great Pete Dye. Another must-play is Las Vegas National Golf Club, famous as the site of Tiger Woods' first PGA-Tour victory in 1996.

So much fantastic golf, so little time. Among the most unique local courses is Bear's Best Las Vegas, featuring 18 reproductions of holes selected by Jack Nicklaus from the more than 270 courses he has designed around the world.

Other outstanding courses in or near Las Vegas include Royal Links Golf Club, Paiute Golf Resort and TPC Las Vegas.

Feel like splurging? Then book a tee time at fabulous Wynn Golf Club. The creation of hotel magnet Steve Wynn and superstar golf architect Tom Fazio, this public course in downtown Las Vegas has fairways as smooth as velvet and offers all the trappings of the most posh of private clubs.

The Wynn's green fee is a whopping \$500 — but, hey, you can make that back with a roll of the dice later at the casino.

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Honolulu's urban scene

VAWN
HIMMELSBACH
For Metro

When people think of Honolulu, they are usually thinking of surf, sand and hula dancing. And while a visit to Waikiki — the city's main hotel and resort area on the south shore — is a must-see, there is a new urban culture that's well worth exploring.

With an emerging arts scene, new culinary offerings and trendy nightlife, Honolulu is developing its urban culture alongside the preservation of its cultural heritage.

"We're continuing to see the destination evolve through emerging neighbourhoods where communities of new, local talent — young chefs, artists, filmmakers and designers — are redefining Hawaii's culture, providing new

experiences for visitors," said Les Enderton, executive director with the Oahu Visitors Bureau.

Over the past few years, Honolulu has seen a revitalization of Chinatown in the city's downtown core, which had a reputation for being rather seedy. While visitors can still experience Chinatown's traditional markets, herbal medicine shops and dim sum restaurants, the area has transformed into one of Oahu's hottest fashion, arts and dining districts.

Locally owned boutiques have opened their doors, including Fighting Eel, Homecoming, Andy South, in4mation and Florencia Arias. And art galleries, such as The Arts at



Tasting coconut shrimp with fresh pineapple or savoury garlic prawns from a shrimp truck shouldn't be missed if you visit Honolulu.

Marks Garage, feature exhibits by local and up-and-coming artists.

A new generation of chefs is offering its take on traditional Hawaiian cuisine, with a focus on sustainability and locally sourced produce.

Chinatown is also one of the best spots to take in Honolulu's nightlife, with a high concentration of local watering holes and trendy bars. There's Bar 35, which serves up more than 150 beers from 21 countries, while Next Door hosts renowned DJs, and Downbeat Diner and Lounge offers live music.

Local favourite The



Honolulu offers the best of both worlds: An emerging urban scene, with outdoor adventures like surfing. HAWAII TOURISM AUTHORITY TOR JOHNSON PHOTOS

Honolulu side trips

- Notable attractions in and around Honolulu include Pearl Harbor, Iolani Palace, Nuuanu Pali Lookout, and Hanauma Bay, as well as the Honolulu Zoo and Waikiki Aquarium for family fun.
- Or rent a car for the day and head to the North Shore to take in the island's surf culture. The world's top surfing competitions take place here, where waves can swell up to 30 feet or more.

Manifest acts as an art gallery and café by day, turning into a bar in the evening with one of the best selections of whisky in Hawaii. This is the place to get an Old Fashioned: Justin Park, Manifest's bar manager, was recently se-

lected by the U.S. Bartenders' Guild to represent the U.S. in an International Bartenders' Association world cocktail championship in South Africa.

The Kakaako neighbourhood is also emerging as a

Honolulu hot spot, serving as an incubator for artists, chefs and entrepreneurs. The area, which is undergoing a revitalization, is home to Honolulu Beerworks, which brews and serves local beer on-site, and Highway Inn, a longtime local favourite serving traditional Hawaiian fare.

Honolulu offers the best of both worlds: An emerging urban scene, with outdoor adventure and traditional culture. Learning to surf, experiencing a traditional luau and stopping by a shrimp truck — to sample coconut shrimp with fresh pineapple or savoury garlic prawns — shouldn't be missed.



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Healthy choices and flavour can coexist

Herbed Chicken Breasts with Avocado Paste.

This dish, put together in no time, is big on texture and taste



DINNER EXPRESS
Emily Richards
food@metronews.ca

Healthy meals don't have to be flavourless.

By combining ingredients that offer up fresh flavour and different textures, you can create a delicious easy meal that your family will love.

Serve up a colourful quinoa salad alongside this chicken dish to brighten up your dark evening dinner. The leftover combination will make a great salad. Or tuck the chicken into a pita with lettuce and tomato for a hearty sandwich.

1. In large bowl, toss together coriander, garlic,

Ingredients

- 1/4 cup (50 ml) chopped fresh coriander or basil or Italian parsley
- 1 large clove garlic, minced
- 1/2 tsp (2 ml) ground cumin
- 1/4 tsp (1 ml) freshly ground pepper
- 4 boneless skinless chicken breasts (about 1 1/2 lbs/750 g)

FLASH FOOD



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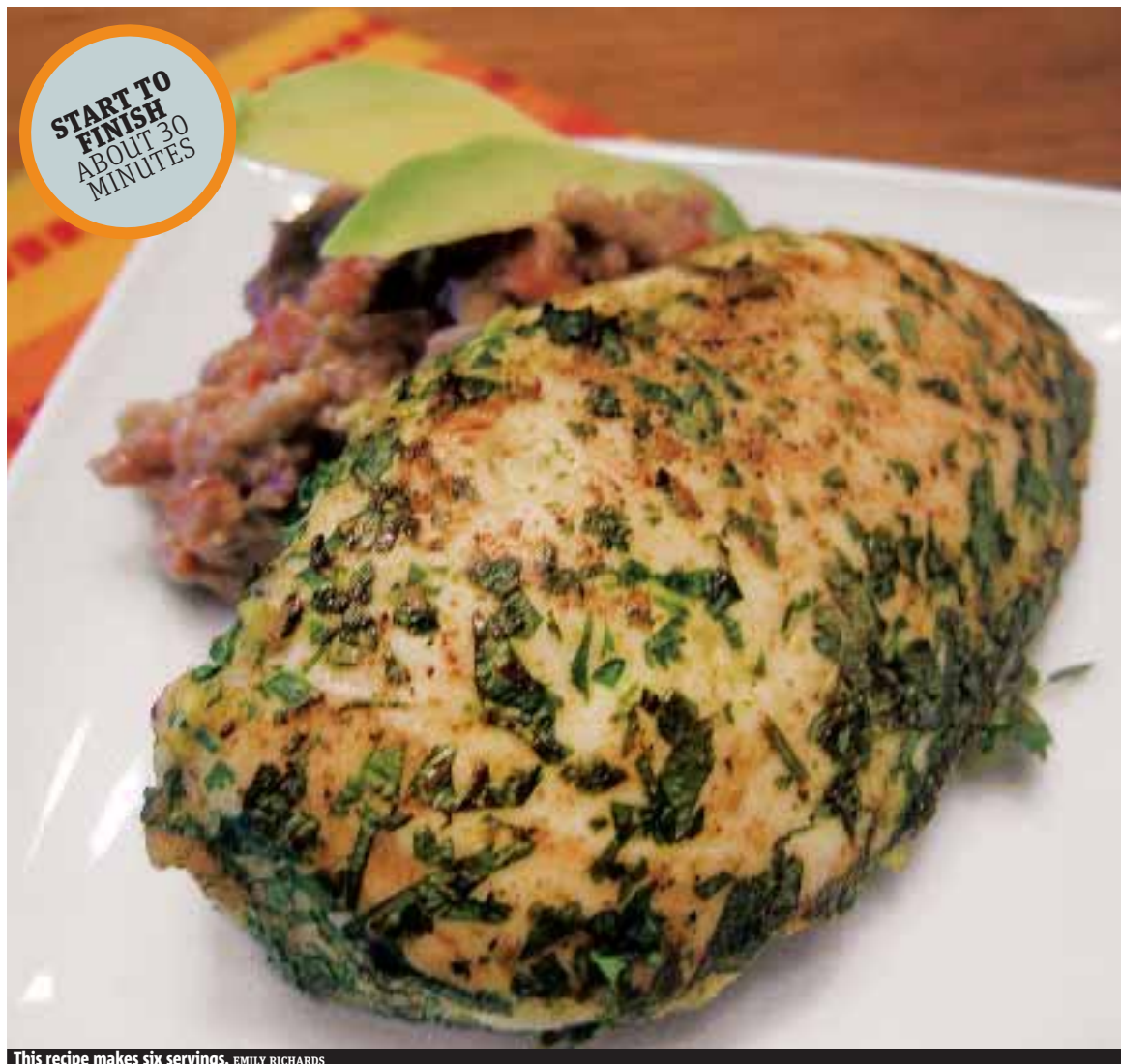
cumin and pepper with chicken breasts to coat evenly. (Make ahead: Cover and refrigerate for up to eight hours.)

2. Heat large non-stick ovenproof skillet over medium high heat and brown chicken breasts evenly on both sides, about eight minutes. Place in 400 F (200 C) oven for about 10 minutes or until chicken is no longer pink inside. Slice into thick slices.

3. Avocado Paste: Meanwhile, remove skin and pit from avocado and scoop flesh into bowl. Mash with fork until smooth. Stir in shallot, garlic, red pepper, vinegar and pinch pepper. Spoon avocado paste alongside chicken to serve. Sprinkle with coriander leaves before serving if desired.

Avocado Paste

- 1 ripe avocado
- Half small shallot, minced
- 1 small clove garlic, minced
- 1/4 cup (50 ml) finely diced red pepper
- 2 tbsp (30 ml) sherry vinegar
- Pinch pepper
- Fresh coriander leaves (optional)



This recipe makes six servings. EMILY RICHARDS

Layer on the flavours

1. Heat oven to 375 F. Coat a deep 7- or 8-inch round spring-form pan with cooking spray.

2. In bowl, mix the thyme, oregano, rosemary, garlic powder, salt and pepper. Set side.

3. Use a mandoline to slice the potatoes, onion and squash as paper thin as possible. Keep the vegetables in separate piles.

4. Arrange single layer of potato slices, slightly overlapping,

over the bottom of the prepared pan. Spritz with cooking spray, then sprinkle a pinch of the seasoning blend over them. No need to season heavily.

5. Top potatoes with few onion slices. Onion will break into thin rounds. You don't need a full layer, just a scattering of slices. Top onions with single layer of butternut squash slices, slightly overlapping. Use hand to gently, but firmly, compress layers. Spritz

squash slices with cooking spray, then sprinkle pinch of seasoning over them.

6. Repeat layering and compressing in this manner, starting with the potatoes and continuing until the layers reach the top of the pan. You should use all of the potatoes and onion, but may have some squash left. Spritz the top with cooking spray, then sprinkle a bit more seasoning over the top.

7. Cover with foil and bake for 1 hour and 15 minutes. Uncover and bake for another 30 minutes, or until the top is lightly browned, the sides have pulled away from the pan, and a knife inserted at the centre passes easily through the vegetables to the bottom.

Ingredients

- 1 1/2 tbsp each chopped fresh thyme, oregano, rosemary
- 1 1/2 tsp each garlic powder, kosher salt, ground black pepper
- 4 large Yukon Gold potatoes,

peeled

- 1 large yellow onion
- 1 medium butternut squash, peeled and seeded
- Olive oil cooking spray

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LAUREN
MARINIGH
TalentEgg.ca

It's that time of year again. As the holidays approach, employers around the globe are eagerly planning parties to say a big thank-you to their teams.

Workplace holiday parties are more casual than regular office activities, but still have firm expectations in terms of conduct.

Your successful night starts with keeping a few key things in mind.

Mind the dress code

The last thing you want to do is undress or overdress for the festivities.

All work parties are different. Whether it's an ugly Christmas sweater party or a formal affair, make sure to pay close attention to the dress code on your invitation.

Socialize outside your circle

The holiday party is a great chance to get to know people at your company

- It is easy to stick to your own department, or the people that you see on a regular basis, but use this time to socialize with people that you may not usually see around the office.
- Although you don't want to think of a holiday party as a networking event, a staff party can be a great place to meet and socialize with others in your organization in a non-stressful environment.

If there isn't a dress code listed, it's safe to stick to business casual attire, or just ask the party planner in your workplace to clarify.

Remember that even when the dress code may be different than your regular day-to-day dress code, it's still important to keep professional in mind.

Don't over-drink

Whether there's an open or a closed bar, there is no reason to over-consume at a holiday party.

Don't be the person who

causes a scene and ends up being the subject of office gossip for weeks to come. Be aware of your limit, and mind that line. It's easy to forget about this when you are in the moment and having fun. A good rule of thumb is to pay attention to how much those around you are drinking — and follow suit.

Check the guest policy

Not all workplaces are open to accommodating your date or significant other at holiday parties.

This policy may surprise

you if you've never encountered it, but sometimes the party budget just doesn't stretch far enough to allow for extra guests. If there are no explicit instructions on your invite, make sure that you ask first. Sometimes, a no-guest policy can be a relief. If you can bring a guest, make sure they're ready to behave in an appropriate manner — and leave your personal life out of casual conversation.

Follow the schedule

Most holiday parties stick to a particular schedule, so be respectful and cautious of that.

While you may feel inclined to show up whenever it suits you, it's important to make sure that the event is a success — and your attendance is a big part of that.

If the event has a formal component, like a dinner or award ceremony, make sure to note the expected start time. If it's a more casual event, be prepared to show up fairly early to help the event accumulate a crowd.

My focus at work is getting a little fuzzy

Career. Factors outside our control can distract us at our desks, but there are ways to help you hone in on work

**RIANA
TOPAN**
TalentEgg.ca

No matter where you work, you've probably found that it can sometimes be hard to concentrate.

Maybe it's because a constant influx of emails keeps interrupting your workflow or because your office is open-concept and you can't close your door on the sound of your co-workers chatting, humming or talking on the phone. As the holidays draw closer, you may find it even harder to concentrate, particularly if those around you are more interested in talking about social engagements and exchanging cards. Whatever the case, here are a few things you can do to make it easier to concentrate:

Get comfortable

It's hard to concentrate if you're not comfortable in



We know you'll miss your mobile, but setting that little sucker aside at the busiest times of your day will help to keep your eyes on the professional prize. iSTOCK

your workspace.

If you work at a desk, adjust your seat so you're sitting with a straight back and your feet firmly on the floor. Next, adjust your monitor to make sure that your screen is at eye level and your hands are resting on your keyboard with your elbows bent at approximately a 90-degree angle. If your workplace is too warm or too cool for your liking and you're not able to control the

overall temperature, dress appropriately. Try wearing layers if you're sensitive to heat or cold, or if your office temperature tends to fluctuate throughout the day.

Put your phone away

This may be tough if you're used to keeping your phone near you, but it can have a huge impact on your productivity. Your phone can be really distracting if it's constantly alerting you of incoming messages. Put it on silent and move it out of sight, at least while you're working on anything that requires a high level of concentration.

Tidy up

Take a bit of time to straighten up your desk before settling in to work on a project so that your mind doesn't wander to the teetering piles of papers and dirty dishes stacked around you. Try to get into the habit of setting aside five to 10 minutes at the start or end of every workday to tidy up your workspace. In addition to improving your focus, it will also set a good example to your co-workers and show them that you make an effort to stay organized.

Set a schedule

Make a list of what you want to accomplish each day — you're more likely to force

yourself to focus if you know that you only have X amount of time to work on each task.

You should also schedule in breaks so that you don't forget to give yourself a rest. Plus, having a scheduled break to look forward to might also make it easier to buckle down.

Assemble everything you know you'll need so that you're not scrambling to find important notes and documents while you're in the middle of working, since that can disrupt your workflow.

Silence notifications

Set your email, social media and other notifications to silent while you're working if you find yourself losing focus every time you get a new alert. If you get a lot of emails over the course of your day, you may want to close your email program for an hour or two so you can concentrate on the task at hand.

Switch it up

If you hit a wall at work, try switching tasks or try changing your approach to

what you're working on. For example, you could consult a co-worker if you're stuck on something or brainstorm to see if you can take a different angle to solving a problem.

If your boss is OK with it, you can also try temporarily changing your work hours. Coming in early or staying late may give you an opportunity to take advantage of quieter times at the office, helping you to get down to business without others around to distract you.

Use headphones

Headphones can be a lifesaver at work. If you find yourself getting distracted by your colleagues or other sources of noise that are outside your control, you might want to invest in a pair of noise-cancelling headphones to block out whatever is bothering you. Otherwise, you can simply use your headphones to listen to soothing music. Something without lyrics is most likely to help you focus, so look for an instrumental playlist online that you can work well to.

Gimme a break

Don't forget to take periodic breaks to give your eyes a break from your screen, stretch your legs and get a drink of water or a snack.

- Use an app to remind yourself to get up and stretch if you won't remember to do it on your own or set an alarm to help you follow some kind of routine, like working for 55 minutes then taking a five-minute break.
- It's important to make sure that you also eat well and stay hydrated, so be sure to have a solid breakfast and lunch and drink plenty of water throughout the day. It will give you the energy you need to power through your day and will stop you from getting distracted by hunger or thirst.

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The Blue Jackets' Brian Gibbons, left, and the Jets' Evander Kane chase a loose puck on Tuesday night in Columbus. JAY LAPRETE/THE ASSOCIATED PRESS

Jets show no mercy on beat-up Jackets

NHL. Winnipeg begins its three-game road trip with a win over hapless opponent

Evander Kane scored two power-play goals, as the Winnipeg Jets held on to beat the Columbus Blue Jackets 4-2 on Tuesday night.

Bryan Little and Andrew Ladd both had a goal and an assist, and Blake Wheeler and Jacob Trouba added two assists apiece for Winnipeg, which

On Tuesday

4

Jets

2

Blue Jackets

snapped a two-game losing streak.

Rookie goalie Michael Hutchinson made 32 saves to improve to 4-1-1.

Jordan Leopold and Ryan Johansen scored for the banged-

up Blue Jackets, who are on a franchise-record pace for games lost to injuries. Columbus, which entered tied for the fewest points in the NHL, have lost four in a row and 13 of 15.

Kane gave Winnipeg a 2-1 lead when he tapped in a perfect centring pass from Dustin Byfuglien with 3:35 left in the second period to end the Jets' seven-game power-play drought.

Just 31 seconds later, during a delayed penalty call when Wheeler was sent sliding into Columbus goalie Sergei Bobrovsky, Ladd scored his eighth

goal as Bobrovsky had trouble squaring up to the shot with Wheeler still in the crease.

Johansen pulled the Blue Jackets within 3-2 at 9:47 of the third with his eighth. He curled around from behind the net and flicked in a backhand.

Kane scored his fourth on the power play into an empty net to make it 4-2 at 19:42.

Winnipeg just missed tying the franchise record for fastest goal to start a game by one second.

Little deked Bobrovsky for his seventh goal at nine seconds. **THE ASSOCIATED PRESS**

MLB. Red Sox rein in Sandoval and Ramirez

Pablo Sandoval and Hanley Ramirez spent the last two seasons as NL West rivals.

Now they're teammates, signing with the Boston Red Sox as free agents for a combined \$183 million to try to boost Boston out of the AL East cellar.

Sandoval finalized a five-year, \$95-million contract that will add him to a lineup with Ramirez and David Ortiz.

During an evening news conference, the Red Sox confirmed a four-year, \$88 million deal with Ramirez.

THE ASSOCIATED PRESS



Hanley Ramirez signed with the Red Sox on Tuesday.

STEPHAN SAVOIA/THE ASSOCIATED PRESS

NBA

Curry, Warriors catch fire in 4th Q

Stephen Curry scored 40 points, and the Golden State Warriors beat the Miami Heat 114-97 on Tuesday night for their sixth consecutive victory.

Golden State scored 14 straight points to open a 107-95 lead with 2:50 to go. Curry and Thompson capped the run with consecutive three-pointers.

Thompson had 24 points for the Warriors. Curry was 12-for-19 from the field, including an 8-for-11 performance from three-point range. **THE ASSOCIATED PRESS**

74 goals. Messi shatters Champions League record

Lionel Messi netted a hat trick to shatter the Champions League goal-scoring record as Barcelona won 4-0 at APOEL on Tuesday, while Sergio Aguero also bagged three goals as Manchester City snatched a 3-2 victory over 10-man Bayern Munich.

Messi took his tally to 74 with his fifth Champions League hat trick in 91 matches. The previous record of 71 goals had been set by former Real Madrid and Schalke striker Raul over the course of 142 matches.

Luis Suarez had opened

Athletes speak up

Reactions on Twitter to the grand jury's decision not to indict officer Darren Wilson in the shooting death of 18-year-old Michael Brown in Ferguson, Mo.:



"The system enables young black men to be killed behind the mask of law #Ferguson #tippingpoint #change"

Kobe Bryant

"Wow. Just wow. Shameful. What will it take???"

Serena Williams



"Disgusted by decision in Ferguson. Racism is learned. Accepted is systematic suffocation of education and opportunity. What are we saying?"

Steve Nash

"As a society how do we do better and stop things like this happening time after time!! ... Violence is not the answer people. Retaliation isn't the solution as well. #PrayersUpToTheFamilies #WeHaveToDoBetter"

LeBron James



Quoted

"I am happy for having achieved such a nice record in a competition of this importance, but the really relevant thing is that we took the three points."

Lionel Messi

the scoring with his first competitive goal since moving from Liverpool in the summer. **THE ASSOCIATED PRESS**

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2015 Hyundai Genesis

- **Type.** Four-door, AWD luxury sedan
- **Engines.** 3.8-litre V6 (311 hp), 5.0-litre V8 (420)
- **Transmission.** Eight-speed automatic
- **Price.** \$44,995 base, \$54,995 as tested

Market position

The original Genesis sedan, introduced in 2008, was Hyundai's first foray into the luxury segment. It's a premium car that is less expensive than its comparably sized and equipped rivals. Along with big brother Equus, Genesis is a showcase for Hyundai's technological capabilities.

Points

- Debuts Hyundai's new AWD system, which is standard on all models.
- Greater focus on handling prowess, with a suspension tuned by Lotus engineers.
- First vehicle styled in the next stage of Hyundai's Fluidic Sculpture design.
- Advanced lane-keeping technology makes Genesis almost a self-driving car on the highway.



The rear seat underscores the fact Genesis is bigger than its rivals.

Safety features

Nine airbags, adaptive cruise control with stop-and-go capabilities, autonomous emergency braking, blind-spot detection with rear-traffic alert, lane-departure warning, lane-changing assist, C02 sensor control system, AWD active cornering control can apply brakes to the inside rear wheel, for better handling.

Luxury without the price



PHOTOS: MIKE GOETZ

Review. Hyundai's second-generation Genesis now handles better and looks even better inside and out

MIKE
GOETZ
drive@metronews.ca

This second-generation Hyundai Genesis is not a revelation. It is a competent and attractive luxury sedan, but we are not surprised.

Hyundai is nothing if not persistent. It has a long and successful track record of striding into new territories, making each successive model better than the last, and repeating that exercise at a brisk pace. Nothing makes you better than practice.

The first Genesis, which debuted in 2008, was a solid crack at the luxury market. But there was room for improvement, particularly with the ride and handling.

Hyundai called in the engineering troops from Lotus to sort out the dynamics, and it really paid off. Some rivals, such as the Cadillac CTS and the Audi A6, are certainly sportier, but this Genesis is one sweet ride, with an enviable blend of comfort and swerve-ability.

The handling is helped by an all-new, sophisticated AWD system, which moves torque around to exploit the already progressive characteristics of the rear-wheel-drive platform. (Steering feel, however, is a little numb.)

The V6 and V8 engine options are carried over from the first Genesis, as is the eight-speed automatic transmission, which shifts beautifully.

Although a torque-heavy 5.0-litre V8 is available, our tester had the base 311-hp 3.8-litre V6, which pretty much overpowers any of the other base engines in this class, many of which have settled on 2.0-L turbos for their entry-level models.



The inside is equally appealing, with copious amounts of wood grain and leather.

Styling is subjective, but to these eyes, the exterior look is another area where Genesis excels. The new model is the first application of a new design theme Hyundai is calling Fluidic Sculpture 2.0, offering an intriguing blend of aggression and elegance.

Inside is equally appealing, with copious amounts of wood grain and leather.

At first, the new driver interface with a big touch screen filled me with dread.

I'm not a fan of adjusting everything on a touch screen, but Hyundai has included just enough additional controls for the most-used stuff — radio, navigation, HVAC, etc. — to reduce my stress level.

The rear seating area is commodious, and underscores the fact that Genesis is bigger than most of its rivals.

As with any luxury car today, Genesis boasts a long list of comfort, convenience and

Compare



1 Acura RLX
Base price: \$52,164
All-wheel steering. Heady hybrid model has oomph and AWD.



2 BMW 5 Series
Base price: \$56,695
Canada's top seller in the class. Pricey, but potent.



3 Cadillac CTS
Base price: \$52,695
Turbo I4, V6 and V8 engine options. All-new in 2014. Excellent driving dynamics.

safety features. Highlights include a 12-way driver's seat, lane-keeping assist, rear-door window blinds, an available 9.2-inch display with a 64-GB memory drive, an available 900-watt stereo with 17 speakers and Logic 7 surround sound, and the industry's first C02-sensing control system, which can introduce fresh air into the cabin when C02 levels reach a certain threshold.

In fact, the only checklist boxes Genesis doesn't tick are "luxury brand cache" and "luxury brand dealership experience."

If you can live without those, you'll save a lot of money by choosing Genesis as your next luxury ride.

AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

→ See the full instructions on Metro's Voices page.



Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

You may feel out of step with others today but sometimes you just have to do your own thing, in your own way, at your own speed. Maybe it's everyone else who is out of step.

♉ Taurus

April 21 - May 21

If you get criticized today — and with Saturn strong in your opposite sign that is almost guaranteed — don't react as if the world is coming to an end.

♊ Gemini

May 22 - June 21

What you visualize over the next 24 hours is what you will be able to do in weeks to come, so don't dismiss genuine insights as fantasy.

♋ Cancer

June 22 - July 23

You need to find a solution to either a money matter or a relationship issue. The way out of your predicament is obvious really but it will also be costly. Act and pay now or pay an even larger penalty later.

♌ Leo

July 24 - Aug. 23

Remember today that a loved one does not mean the negative things they have been saying. Like you they are under pressure that inevitably affects the way they speak and act.

♍ Virgo

Aug. 24 - Sept. 23

Today's Mercury-Saturn link is a reminder that life is meant to be fun — and a warning that if you do too much you will pay for it.

♎ Libra

Sept. 24 - Oct. 23

A dream you've had for years is about to become a reality. It may not come about in the way you expected. Recognize how fortunate you are and make the most of the opportunity.

♏ Scorpio

Oct. 24 - Nov. 22

You've made sacrifices in recent weeks and today's Mercury-Saturn union in your sign indicates there is something else you must do before you can move onto new pastures.

♐ Sagittarius

Nov. 23 - Dec. 21

Try not to say anything too hurtful today or it may take weeks or even months to win back a loved one's trust.

♑ Capricorn

Dec. 22 - Jan. 20

The more passionately someone tries to convince you of their honesty the more likely it is they want something. Keep your money in your pocket.

♒ Aquarius

Jan. 21 - Feb. 19

You have an important message to get across and if the only way to make yourself heard is to shout then do it. You have been quiet long enough.

♓ Pisces

Feb. 20 - March 20

You may be convinced that you are in the right about something but do not push your case too hard over the next 24 hours. If others can't see the truth then they are the ones most likely to suffer for it.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Cross

1. Pari ___ (Impartially)
6. Shakespeare: Julius Caesar conspirator
11. Humanities degs.
14. Submarine exit: 2 wds.
16. Away
17. 1965 James Bond movie for #60-Across
18. Gun gr.
19. Academic year div.
20. "Take ___ for free." - The Band, "The Weight"
21. Split
22. Word's history [abbr.]
23. Bottomless pit
24. Stray calf [var. sp.]
27. Winter cap's one-of-two
31. "Help Me, ___" by The Beach Boys
33. Educated/versed in books
36. Suffer
37. ___ with nature
39. 'The Finals' gr.
40. 1970s musical for Canadian actor Victor Garber
43. Big name in movies
46. Decrease/slump
48. Negative/Positive
49. Ms. Deschanel of "Bones"
51. Bygone Ford cars
53. Typeface
54. Laissez-___
56. Soup sort
59. Lighthouse sur-rounder



60. Canadian actress, b.1927 - d.2007, who played the character at #11-Down in several 007 movies: 2 wds.
63. Anger
64. Some store staff: 2 wds.
65. 'Ballad' suffix
66. Canadian racecar

- driver Paul
67. Sammy of baseball, and surname-sakes

Down

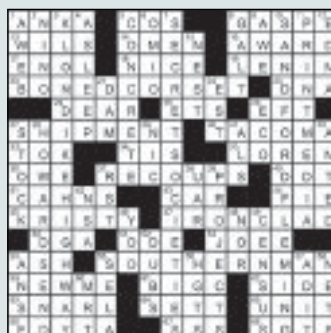
1. Domesticated pals
2. Tennis legend Arthur
3. Soap ___ (Bathroom cleanser's target)

4. ___ Diego
5. Made current
6. 1950s car trimming
7. Rhyming scheme
8. Dutch city
9. Old Rome's 250
10. Calder Cup org.
11. As per #60-Across... M's secretary, Miss ___
12. Visions of light

13. "The North" Canadian band
15. Moray-like
21. Up-the-slopes ride
22. "Ich bin ___ Berliner." - JFK
23. Wholly
24. Burden
25. Toledo's locale
26. 1964 James Bond movie for #60-Across

28. "He's mad that trusts in the tameness of ___" - Fool, in Shakespeare's King Lear
29. Kevin's "Foot-loose" (1984) role
30. Bolted
32. Biblical son
34. Have ___ in one's bonnet
35. Calendar parts
38. Jeff Lynne's gr.
41. ___ and vinegar chips
42. 2-___ tissue
44. Back pages of books
45. "Help!"
47. Not solid, as construction
49. ___ Trinket, Elizabeth Banks' role in 'Hunger Games' movies
50. Actress Demi
52. Pitfall
54. Chick-___ (American restaurant chain)
55. "Gimme ___..." (Wait)
56. Livelinesses
57. "___ the Elephant" (Canadian cartoon series)
58. Beers
60. Grocery-shopper's li'l paper
61. Dinghy director
62. Romance

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers



Conceptis Sudoku by Dave Green

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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